TANKWA KAROO
COMMUNITY DAY 2015

THE FOURTH ANNUAL TANKWA KAROO COMMUNITY DAY TOOK PLACE ON THE 7TH OF NOVEMBER 2015 AT THE TANKWA PADSTAL UNDER GUARDIANSHIP OF HEIN & SUSAN LANGE WITH SUPPORT FROM AFRICABURN OUTREACH

The aims of this community project are to ensure:

- better quality carthorse vehicles and healthy donkeys for the local community in need of assistance with the carts and/or animals (general animal health, harnesses, hooves, etc.)
- scarce medical assistance in the remote Tankwa Karoo to the local community (dental & eye care, etc.)
- educational programmes for children from the local community (reading, sports, hand crafts, etc.)
- true Karoo cultural activities (socialisation, music, riedlans, traditional food, etc.)
- opportunities for the local community to socialise and interact with each other regardless of existing race boundaries
This year the Carthorse Association (sponsored by AfrikaBurn Outreach) assisted with the Outreach Programme for the third time, ensuring that the local community could get an opportunity to bring their animals for professional medical and technical assistance.

**Services rendered by the Carthorse Association:**

- All 14 donkeys and 6 mules were de-wormed and given tetanus vaccinations.
- The prevalence of harness wounds had reduced considerably compared to 2014. Only one donkey was presented with bad wounds as the owner had attempted to treat it albeit with incorrect medication. Treatment was administered by Inspector Diana Truter.
- Harnesses were repaired, fitted better and padded to stop further wounds. In some cases full harnesses were made and fitted.
- The majority of the donkeys and mules still had the bits that were distributed in 2013 and 2014. Only 3 bits were replaced.
- Inspector Diana Truter gave veterinary treatment to one donkey who had a snotty nose. Long acting antibiotics were administered.
- Education was given to all owners who attended the health and welfare of their donkeys and mules.
- Owners were issued with a Donkey Care Pack which contained: Harness needle and thread; Buckles; Strips of PVC to repair broken harness pieces; F10 antiseptic ointment; Supona spray – wound spray and fly repellent; Steriscrub wound disinfectant; gloves; syringes for cleaning wounds; reflectors for the carts; bandages; fly masks / fly fringes
- 18 donkeys/mules received dental care from equine dentist Clare Cole.
Assessment of equines seen:
1. Condition of the donkeys and mules remains good.
2. There is a definite overall improvement in the donkeys and mules seen from previous years, especially the prevalence of harness wounds. This is very encouraging.
3. The state of the harnessing is still bad but unfortunately we are unable to attend to all of them in one day. This needs to be addressed.

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2014</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number donkeys</td>
<td>52</td>
<td>48</td>
<td>20</td>
</tr>
<tr>
<td>Bits/mouth pieces for donkeys</td>
<td>52 bits replaced</td>
<td>4 bits replaced</td>
<td>3 bits replaced</td>
</tr>
<tr>
<td>Medical treatment of donkeys</td>
<td>42 out of 52</td>
<td>1 out of 48</td>
<td>2 out of 20</td>
</tr>
</tbody>
</table>

Cart Horse Team:
Megan White (General Manager); Diana Truter (Inspector); Ashley Deelman (Farrier); Arthur Anderson (Harness Maker); Torey Westgarth Taylor (Trainee Equine Welfare Inspector).
2. DONKEYCART COMPETITION

The 2015 winners and their prizes were:

- 1st prize in the donkey cart competition & 1st prize in the donkey condition category: Jan Simes with Moonlight & Sunlight (trophy & cash prize)
- 2nd prize in the donkey condition category: Joseph Koosie (new harness)
- 3rd prize in the donkey condition category: Jan Jakobs (solar system)

3. DONKEY CART RAFFLE

Wally Lange designed and built a donkey cart that was up for grabs in the donkey cart raffle:

Recipe for a donkey cart (Wally Lange)

23 Weekends of measuring, wheel beating and chatting with the guys on how a donkey cart should look like.
7 Hours of Googling Art Nouveau in Paris.
1 Week’s joyful work to assemble the cart.
1 litre’s swearing.
Mix the dry ingredients and marinate for a year.
Cook until hard.
Et Voila! A donkey cart!

INGE TIPPS (8) FROM SWELLENDAM WON THE DONKEYCART RAFFLE.
4. CAPE WINELANDS HEALTH TEAM SERVICES

The Cape Winelands Comprehensive health team, with the assistance of the Witzenberg Primary Health Care Team and the Wellness Bus participated in the Tankwa Community Day for the second consecutive year. A smaller number of patients visited the health services this year, but a higher number of patients were diagnosed with chronic diseases due to lifestyle and were referred to either the mobile services that service the Tankwa area or the Ceres CDC/hospital.

A comprehensive package of care was delivered to the 132 people attending the community day:

- Observations were taken; several patients were referred to the doctor or PHC nurse at the mobiles. Many people wanted their blood pressure and glucose levels tested.
- Reproductive, child and women’s health were offered.
- Eyes were checked and if needed, spectacles provided which will be distributed via the Mobile once ready.
- Oral Health in the form of extractions was a popular service.

The following services were rendered:

<table>
<thead>
<tr>
<th>Service</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total patients seen</td>
<td>132</td>
</tr>
<tr>
<td>Patients receiving eye tests</td>
<td>36</td>
</tr>
<tr>
<td>Patients receiving dental care</td>
<td>19</td>
</tr>
<tr>
<td>PHC patients</td>
<td>± 55</td>
</tr>
<tr>
<td>Blood pressure done</td>
<td>54</td>
</tr>
<tr>
<td>HCT</td>
<td>7</td>
</tr>
<tr>
<td>VCT</td>
<td>22</td>
</tr>
<tr>
<td>Male T作者 injection</td>
<td>6</td>
</tr>
<tr>
<td>STI</td>
<td>1</td>
</tr>
<tr>
<td>Cervical Smears done</td>
<td>1</td>
</tr>
<tr>
<td>TB screenings</td>
<td>132</td>
</tr>
<tr>
<td>Sputum’s collected</td>
<td>8</td>
</tr>
<tr>
<td>Condom distribution</td>
<td>5 boxes</td>
</tr>
</tbody>
</table>

Medical Team: MST Team (Gobs and Jessica); Stellenbosch Optometrist (Marcelle and Shantelle); Roenell Balie, Grant Baaitjes, Rochelle Felix, Handri Liebenberg, Ammerentia Snyders, Ita Geldenhuys, Hester Truter, Megan Williams, Oom Maans, Kathleen Lucas, Jo-Anne Otto, Drs Titus X2 and Dr Gunst.
5. CHILDREN’S PROGRAMME

Children play a very important part in the planning of the Tankwa Karoo Community Day as well as for the AfrikaBurn Outreach projects. This year the children’s programme included a two puppet show, a children’s programme in the Community Hall with creative activities such as drawing, face paint, reading and the making of loom bands. The programme also included a ball bike-run by the WildDogs Bike Club with a Father Christmas handing out balls and sweets parcels and a large donation of fresh apples from Ceres Fruit Growers as well as hotdogs (sponsored by Cordis Trust).

SANParks Honorary Rangers: Boland Region

The Boland Honorary Rangers utilised the Tankwa Community Day to discuss the preservation of owls and snakes with the local inhabitants. It gave the Honorary Rangers the opportunity to introduce themselves and their new projects to the local people. By way of a puppet show they gently brought the message across that owls and snakes should not be killed randomly because of their importance in the ecosystem of the Tankwa Karoo. The main characters in the puppet show were Oupa Uil (spotted eagle owl) and Anna Uil (Cape barn owl), the two owls prevalent in this area. The puppet show projects will visit primary schools in the district (Elandsvelei, Middelpos and Matjiesrivier) in 2016.
More than 500 people visited the 4th annual Tankwa Karoo Community Day. With the help and support of a variety of sponsors and volunteers (see list in section 7), the day once again turned out to be a great success and a whole lot of fun. AfricaBurn and the Elandsvelei community showcased the Mantis Project, the Wellington Orr band provided live music, and the Laerskool Middelpos entertained the visitors with their impressive rieldans skills and beautiful shweshwe outfits.

Traditional riel-dancers
Learners of Laerskool Middelpos provided much appreciated entertainment with their nifty traditional riel-dance steps. This school realised that learners have a natural talent and approached riel-dance coaches to refine the children’s skills. This initiative proved to be a good source of entertainment that can be channelled as fund raising for posts in the school’s board of control. Ms Salomie Lotz is responsible for the making of the dancers’ outfits.

ALSO VIEW THE SHORT DOCUMENTARY FILMED AND EDITED BY GRAEME ALLEN http://youtu.be/PazoPxkpVxU
7. SPONSORS & VOLUNTEERS

The annual Tankwa Karoo Community Day will not be possible without the sponsors and volunteers involved. We would like to thank the following institutions and individuals for the contribution they made to this year’s project:

- **The Carthorse Association** (sponsored by AfrikaBurn Outreach): Megan White (General Manager), Diana Truter (Inspector), Ashley Deelman (Farrier), Arthur Anderson (Harness Maker), Torey Westgarth Taylor (Trainee Equine Welfare Inspector).
- **The AfricaBurn Outreach & Volunteer** Team included: Robert Weinek, Rhoderic Lourens, Elsie Nel, Graeme Allen, Conrad Lattimer, Sanet Kirsten, Paul Grose, Louw Sheridan, Ane Venter, Jon Wreal, Gisela Arevalos, Sheriff Wilhelm Du Plessis & Maike Hitzeroth.
- **The Cape Winelands Health Care Team** included: MST Team (Gobs and Jessica), Stellenbosch Optometrist (Marcelle and Shantelle), Roenell Balie, Grant Baatjies, Rochelle Felix, Handri Liebenberg, Ammerentia Snyders, Ita Geldenhuys, Hester Truter, Megan Williams, Oom Maans, Kathleen Lucas, Jo-Anne Otto, Drs Titus X2 and Dr Gunst.
- Mr. Hermie Visser & Mr Groenewald from the Ceres Municipality for the continuous support.
- Mr Pieter Pienaar from the Ceres Police for attending and support given.
- **Nadia Gleeson & WildDogs Bike Club** for sponsoring the ball-run and the parcels.
- **The Cordis Trust** for the generous donation to supply the children with cool drinks and hotdogs.
- John Ackerman from **Ceres Fruit Growers** for the boxes of apples they donated.
- The **Bloemerus-family** for the puppet show.
- **Gail van Huffel & Marianne van Loggerenberg** for assisting with the children’s programme in the Community Hall.
- Carin Steenkamp for arranging the Riel dance teams from the **Laerskool Middelpos**.
- Wellington Orr for the music.
- **SANParks Honorary Rangers**: Boland Region: Niel Boltman, Hennie Serdyn, Tessa van Helsdingen, Jan Pretorius & Low Bothma.

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**Tankwa Karoo Community Day Project:**

**Organiser:** Hein Lange ([hlange@breede.co.za](mailto:hlange@breede.co.za) or 023 004 0078)

**Project Co-ordinators:** Susan Lange ([hlange@breede.co.za](mailto:hlange@breede.co.za) or 023 004 0078) & Leti Kleyn ([letikleyn@mweb.co.za](mailto:letikleyn@mweb.co.za) or 082 347 9982)

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